

Thank you for ordering Watt-Ahh®. Since this may be your first experience in drinking Watt-Ahh®, we offer some recommendations below.

## **How Do I Start Drinking Watt-Ahh®?**

It is best to start slow and avoid possible symptoms of a rigorous detox such as a short-term headache. Watt-Ahh® is stable even when the cap is twisted off the bottle. You can drink 1/3 to 1/2 of the bottle on the first day and recap the bottle to enjoy the rest in the next day or so. The optimum amount of Watt-Ahh® for sustainable health is between 8 oz. (approximately 250 ml) and 33.8 oz. (one liter) per day. You may drink Watt-Ahh® when taking vitamin supplements or add minerals or organic salt solutions for greater and faster cellular absorption.

# What is the Best Temperature for Watt-Ahh®?

The DiTetra Gas® will escape from the pure water when either boiled or frozen. Watt-Ahh® makes flavorful coffee and tea and we recommend only a soft boil (when the tea kettle starts to whistle). Pouring Watt-Ahh over ice is fine. It is always best in storing any consumable product to keep inside in a climate-controlled environment. Watt-Ahh® has a long shelf (years) when properly stored.

# Is Spraying Watt-Ahh® on the Skin and Eyes a Good Thing?

Yes. Using a clean mister, lightly mist Watt-Ahh® on your skin and eyes for a refreshing feel. Our patented process for making Watt-Ahh® stabilizes our natural production of hydrogen peroxide plus enhances stem cell communication for faster healing of both topical wounds and other skin irritations.

#### Why PET-1 Plastic Bottles?

PET-1 (non-PBA) is the best container available to preserve the electronic nature of Watt-Ahh®. Over time, glass will steal the electrons from the water. We request everyone to try to recycle all containers.

### **Sustainable Technology**

DiTetra Gas® that is infused into Watt-Ahh® can also solve many of our environmental concerns. We offer use licenses to other businesses with great creative ideas in making our lives and those of our children more sustainable including one licensee that is making progress in using DiTetra Gas® to convert plastic bottles back into fuel. Our vision is that beverage fleets will run on recovered fuel from plastic bottles while oceans become cleaner. Go to <a href="https://www.wateriontechnologies.com">www.wateriontechnologies.com</a> for more information on the various applications of the patented WIT Technology.

Live Mitochondric - Drink Watt-Ahh®!